



HILLCREST AIDS CENTRE TRUST

ANNUAL REPORT 2019/2020



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WHO WE ARE

As one of the first NGO's in South Africa to respond to the HIV/AIDS epidemic, the Hillcrest AIDS Centre Trust (HACT) has established a reputation for making a significant and meaningful difference in the lives of people with elevated risk. Founded in 1990 as a ministry of the Hillcrest Methodist Church, HACT is dedicated to saving and transforming lives.

While our work and services continues to grow throughout KwaZulu-Natal, we primarily focus on serving the semi-rural and vulnerable communities of the Valley of 1000 Hills region of KwaZulu-Natal, one of the epicentres of the global HIV/AIDS epidemic with HIV-infection rates of up to 40% -more than double the national average of 19% (South African National AIDS Council).

OUR MISSION

HACT's mission is to provide **unconditional love and hope** to all those impacted by HIV/AIDS.

OUR VISION

Our vision is an **AIDS-free South Africa**, and all our projects work towards this dream. Collectively our projects and services directly impact the lives of over 10 000 people every year, the majority of whom are women and orphaned and vulnerable children and young people.

OUR APPROACH

HACT adopts a holistic, family-centric and asset-based approach to tackling HIV/AIDS and strives to deliver practical, sustainable and community-led projects and services. Ultimately, this enables us to uplift and empower individuals, families and communities so they grow in resiliency and also actively contribute towards social change and community development.

HACT is governed by a voluntary Board of Trustees which brings with it expertise from the medical, corporate, community development and NGO sectors. Our team consists of 120 paid staff and 40 unpaid volunteers. HACT works with a wide range of local and international donors and partners to deliver its life-saving and life-changing projects and services.

PHOTOGRAPHER
Qiniso Dladla



OUR VALUES

Passion:

To serve with passion, energy and commitment, always acknowledging the privilege it is to be helping others.

Faith:

Seeking to do as Jesus would do: "A new command I give you: Love one another. As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another." NIV John 13:34-35.

Integrity:

The message and the messenger must be the same, we must practice what we preach and be honest in all things.

'Ubuntu':

'I am because you are' - being community driven and constantly aware that our actions impact on those around us, and that the sum is always better than the parts.

Empowerment:

Helping people to take ownership over their lives.

MESSAGE FROM THE BOARD

"You have two hands, one to help yourself and the other to help others".

Sam Levenson

The above quote presents a beautiful picture of one hand reaching out towards another and lifting that hand and person up! That is, indeed, the story of HACT.

There have been many hands that have reached out to HACT in this last year. Those hands come with many different gifts. Some have been the hands of our generous sponsors who have believed in the vision with us. There have been hands who have come and offered their minds and services to better equip the vision. There have been literal hands that toiled away to expand the vision. There have been hands, shaped like feet, Comrades runners, who have helped pave the path for the vision. HACT could never be, if it were not for the hands that have reached out to us.

Within HACT, there are many hands and again in many forms. From our staff, who have applied themselves, offered their skills, used their creativity, formed, served, nursed, cared, educated, encouraged and yes, I am sure I have left some hands out, as we have a massively diverse staff with multiple skills that ensure the vision is fulfilled.

Then there are the hands that have been grasped, squeezed and helped. Our gogos, home based patients, our children, our schools, our community gardens, our onsite Respite Unit, our artists, our beaders and again there are too many to mention. They have been the reason we have reached out our hands in the first place.

The miracle continues because the above group also reach out their second hands into their families, their communities and affect the world around them. **So hand reaches out to hand, and to another hand and such is the vision of HACT.** May HACT's vision always be the reaching out of people, one to another, to assist the next group to reach out to other hands.

Thank you for being one of the hands that changes the lives we see so often.

Yours

Rev. Peter Butterworth
Vice-Chair
HACT Board of Trustees



PHOTOGRAPHER
Rebekka Stredwick

CEO'S REPORT

"Do not be dismayed by the brokenness of the world. All things break. And all things can be mended. Not with time, as they say, but with intention. So go. Love intentionally, extravagantly, unconditionally. The broken world waits in darkness for the light that is you."

L.R. Knost



HACT has once again experienced a strong and impactful year. It was a year in which our team embraced new opportunities and strengthened systems to improve on the measurement and evaluation of our work. I was excited to see HACT embark on a significant new orphan

& vulnerable children (OVC) and community violence prevention project when HACT was selected as the OVC partner for eThekweni. Likewise, it was delightful to see our first cup of coffee being poured in our new Ubuntu Ground café, a skills building and training initiative for local unemployed youth. Celebrating the young lives these projects impact and walking with them for a brighter and healthier future strikes a strong chord at the heart of HACT.

Entering 2020 marked the significant milestone of HACT's 30th anniversary, which is definitely a milestone to celebrate! Looking back over the journey of the Centre, the lives touched, the programmes and services implemented in the communities of the Valley of 1000 Hills and beyond, and the network of supporters and donors who made this possible, continues to be a story and legacy that we are very proud of!

With 30 years behind us, the story still continues. HACT's ethos of unconditional love and hope continues to respond practically to the public health issues of HIV and AIDS, TB, STIs and (increasingly) cancer, by providing services driven by responsiveness as well as community participation and ownership.

Customised and localized interventions continue to be needed to reduce cases of HIV, TB and STIs, and address the uniquely complex social

dynamics which increase vulnerability – issues such as poverty, food insecurity, unemployment, lack of marketable skills and economic access, unhealthy relationship dynamics, violence and abuse, poor health education and a lack of hope. HACT's committed staff continue to design and adapt interventions to meet the evolving realities in community with the lens of addressing HIV and AIDS and reducing vulnerability, stigma as well as barriers to development.

HACT also contextualises its projects within the global response to HIV and AIDS with the priority of closing the gap between testing, treatment and care. 2020 marks a change in the UNAIDS fast-tracking strategy to end AIDS by 2030, with targets shifting to 95-95-95 meaning 95% of people who are living with HIV know their HIV status; 95% of those who know their status receive antiretroviral treatment; 95% of those on treatment achieve a suppressed viral load. In 2019, 1.7 million people were newly infected with HIV, sadly more than three times the global target, indicating that as a global community we remain far behind in the prevention of new infections.

Despite the continued scale-up of antiretroviral treatment, 690 000 people died of AIDS-related illnesses and 12.6 million of the 38 million people living with HIV were still not accessing the life-saving treatment. According to UNAIDS, "women and girls in sub-Saharan Africa continue to be the most affected and accounted for 59% of all new HIV infections in the region in 2019, with 4500 adolescent girls and young women between 15 and 24 years old becoming infected with HIV every week." This cohort, despite making up only 10% of the population, accounted for 24% of all new infections and as such, adolescent girls and young women are a focused cohort for HACT's services.



Bridging these realities with practical, locally-relevant responses is why HACT was established 30 years ago, and continues to be the driver of our efforts. These responses include risk perception and awareness, addressing social and structural determinants of vulnerability and health as well client-centred care.

Strengthening our gogo-headed families as they raise a new HIV-impacted generation, visiting the homes of orphan & vulnerable children to support them and their care-givers, continuing to offer local craft women market access and working within schools, community initiatives and support groups, as well as providing compassionate respite and end-of-life care to those who need medical care, are practical examples of HACT's mission and love in action.

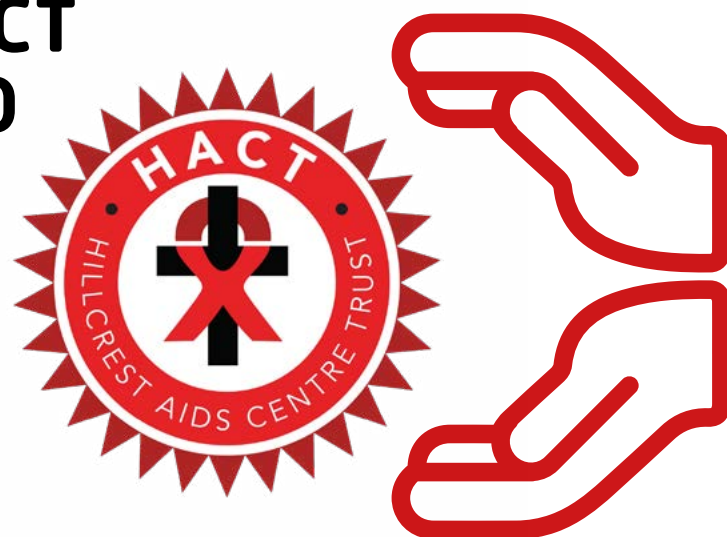
This year saw me travel to The Netherlands to meet with many long-term supporters and churches who have a relationship with HACT, including some previous volunteers who have been to the Centre. The trip, generously sponsored by Zulu Aid, also presented the opportunity to meet with some new and potential partners, as well as a brief visit to UNAIDS in Geneva to further ongoing discussions in person.

As HACT's 2019/20 financial year came to a close, South Africa entered a Level 5 national lockdown due to COVID-19. While we don't know how this pandemic will evolve and the toll it will have, I take comfort in knowing that HACT has 30 years of experience in responding to pandemics – it's what HACT does. **With a track record of proven resiliency, creativity and focus, HACT will respond to the colliding epidemics of HIV and COVID-19 and continue to offer unconditional love and hope to those most vulnerable. Thank you to our community of partners and supporters who will continue to walk this journey with us!**

Blessings,

Candace Davidson
CEO

OUR IMPACT 2019/2020



212 patients were admitted to the Respite Unit  **69%**^[147] were discharged **31%**^[65] passed away with dignity and respect

141  Patients received adherence counselling from HACT's trained counsellors

243  Clinic visits for monthly ART collection were conducted for / on behalf of patients

251  Hospital visits were conducted for testing and or further / on-going patient care

3984 OVCY (orphaned and vulnerable children & youth) aged 0-17 years were enrolled and provided with supportive services including  **215** children living with HIV

382  girls & young women aged 10-14 years were equipped with positive decision-making skills and self-confidence through Vhutshilo 1

80  girls & young women aged 9-17 years equipped with self-defence skills through IMPower, a gender-based violence prevention programme

965  parents & caregivers of OVCY linked to care and support services

540 adults were tested for HIV and  **39** who tested positive were linked to care

610  children were tested for HIV

7  staff were employed through our Izingadi Zethemba Plant Nursery and facilities services enabling them to financially support themselves and their families

33  people were economically empowered by selling donated clothing through our Clothing Scheme

350  crafters received a sustainable living wage through Woza Moya

1500  crafters received market access through Woza Moya

8  local artists and crafters gained exposure through exhibitions featuring their work at the Woza Gallery

More than

2000 grandmothers from **71** gogo support groups across **13** communities were supported and empowered through our Gogo (Granny) Support Groups programme

160 gogos completed HACT's 6-week Parenting Skills & Children's Rights training course 

40 gogos learnt how to start and grow their income-generating businesses through HACT's Basic Business Skills training course 

18 gogo support groups established savings clubs through HACT's partnership with Siyakhula Sonke 

20 gogos learned how to sew through HACT's 6-month Sewing & Dressmaking training course 

823 children and **419** grandmothers supported through family-strengthening activities 

33 gogo community gardens and **1** mkhulu garden provided food security for over **500** grandparents and **2000** orphaned and vulnerable children 

60 out-of-school, unemployed young women trained in glass-cutting and entrepreneurial skills for income generation 

15 out-of-school, unemployed young women trained in welding and entrepreneurial skills for income generation 

270 Grade 5-7 learners from six rural primary schools in the Valley of 1000 Hills were equipped with the knowledge, skills and confidence they need to make positive and informed choices about their health and futures 

90 learners participated in 3 inter-school soccer tournaments which also provided a platform for large, community-based HIV testing campaigns 

10 teachers from 3 underserved primary schools gained improved life skills facilitation skills through a 2-day workshop and in-class mentorship 

105  Peer Educators received intensive training, mentorship and support from HACT's Peer Education Facilitators

10000  Grade 7-12 learners across 3 rural high schools benefitted from 14 peer-led education lessons and awareness events

810  Grade 12 learners from 10 rural high schools received career guidance and assistance with bursary applications through HACT's Career Expos

60 Grade 9 learners were equipped with critical thinking skills through an inter-school debate competition on common youth-related challenges 

16 out-of-school, unemployed youth provided with skills training and on-the-job work experience placements 

RESPITE UNIT REPORT

HACT'S Respite Unit is a one-of-a-kind facility, offering care and refuge to those who are gravely ill and have fallen through the cracks in our overloaded healthcare system. For over a decade, our 24-bed Unit has provided palliative care to adults and children in end-stage AIDS and cancer, while providing respite for those suffering from severe opportunistic infections and or have defaulted and need to be re-initiated onto ART.

The Unit both embraces and embodies HACT's ethos of "unconditional love and hope" with our team priding itself on the holistic and individualised care afforded to all patients. Time and time again, we witness the power of love in action, with patients literally brought back from the brink of death through nothing more than a warm bed, good nutrition, correctly administered medication and a loving, non-judgemental environment where compassion and human dignity prevail.

Over the past year, our patient admissions decreased as a result of several beds being occupied by long-term care patients. The opening of Philikade Care Home in Embo which caters for such chronic patients is therefore a much needed facility and HACT kept these individuals in our care until November 2019 when patients could be transferred to the new facility. We continue to address the public misconception that our Unit caters only for HIV/AIDS patients. Whilst our Unit is a registered and active member of the HPCA (Hospice & Palliative Care Association of Southern Africa) we have, for many years, provided palliative care to both HIV/AIDS and cancer patients. Most concerning is we still regularly encounter stigma with prospective

cancer patients choosing to rather die at home in discomfort than be cared for alongside those living with HIV/AIDS. On a more positive note, we are receiving more and more referrals from hospices across the province, many of whom do not have inpatient units.

Securing sufficient funding for a time and resource-intensive facility such as ours is an ongoing challenge and one that places additional pressure on our often over-stretched team. Staff debriefings, team building and compassion fatigue activities play a key role in addressing this, the most popular being our team's annual beach trip in December. This day of fun and fellowship is enjoyed by all and certainly helps to recharge the batteries. Over the past year we also hosted three overseas volunteers, a pre-med student from the USA and two UK nurses as well as local interns, which helps to share the load and also provides valuable shared learning opportunities.

During the past year, two nurses completed the NIMART (Nurse Initiated Management of Antiretroviral Therapy) short course, and two more of our staff nurses completed the HPCA's Palliative Nursing Care training course for professional and enrolled nurses. Phili Zondi and Nokuphila Khanyile both passed with distinctions and did HACT proud. A further three nurses are enrolled for 2020 thanks to HPCA bursaries, meaning all our professional nursing staff will soon complete this course which serves to enhance the already high quality of care within our Unit. As ever, our community continues to support us be it through one of our large fundraising campaigns such as the Comrades Marathon, or via our numerous social media appeals and we wish to say a heartfelt thank you for this. We pray that with this ongoing support from our local community as well as from our longstanding overseas partners, we will be able to continue providing loving care to those in need for many years to come.

"Some days we laugh, others we cry, but every day we make sure we are here for our patients..."

Bongekile Zungu, HACT Caregiver



PHOTOGRAPHER
Alan Blackman

OUR RESPITE UNIT IN ACTION:

212

patients were admitted to the Respite Unit



147

[69%]
patients were discharged

65

[31%]
patients passed away with dignity in a loving environment

141

Patients received adherence counselling from HACT's trained counsellors



243

Clinic visits for monthly ART collection were conducted for / on behalf of patients



251

Hospital visits were conducted for testing and or further / on-going patient care





PHOTOGRAPHER
Qiniso Dladla

SIFISO'S STORY

"Sifiso* was admitted into our Unit by his family in March this year. He was so weak at the time, he had to be wheeled in in a wheelchair and carefully lifted into bed. A tall, 55 year old man, Sifiso weighed a mere 39.5kg at the time. I recall thinking to myself that it had been a while since I had seen a patient who fitted the picture of AIDS wasting syndrome so accurately!"

He was skin and bone, so weak that all he could do was breathe and look at us. His cheeks were sunken, eyes hollow and he was severely dehydrated from persistent diarrhoea.

Despite being so ill, I knew instantly I cared deeply for this dear man and wanted desperately to fight for him. However, as we tucked Sifiso into bed we unfortunately didn't hold out too much hope for his recovery as his CD4 count, an indication of his body's ability to fight infection, was extremely low.

Day by day the team and I nursed Sifiso, lifting him to a sitting position and gently laying him back down again after every bed bath. He spoke very little and slept most of the day. I would greet him and talk to him a bit whenever he was awake. To my relief, I soon discovered he spoke English much better than my broken Zulu!

Shortly after his admission, we discovered Sifiso was also suffering from TB and so he was immediately started on treatment for this. We also realised he hadn't been taking his antiretroviral treatment (ART) properly at home. Initially, he would refuse to take it here in the Unit. He needed someone to explain the importance of taking it regularly and to watch that he took it each day. In essence, he needed the accountability of someone who understood the vital importance of the ART he was taking. Thankfully, our team specialises in adherence counselling and Sifiso's attitude and behaviour soon changed.

He also unfortunately didn't want to eat much. Slowly and patiently our carers fed him what he could manage and whenever I got a chance to feed him personally, I'd take it. Something about the call to fight I'd felt on first meeting Sifiso, drove me to keep trying just one more spoonful! A small victory perhaps....but so encouraging when a patient can finally swallow! Eventually, he began to eat more varied foods until he was once again eating full meals.

Today, Sifiso sits up in bed and he greets me when I come on duty. He also gets up with support, to go sit in the sun on our Unit's verandah or on the couch in our patients' lounge each day. His skin is looking much healthier and his cheeks have filled out.

Sifiso's wife has asked if he can go home soon as they miss him and she feels she can care for him now. But Sifiso will likely need our team's care for a little while longer until he's regained more of his strength. However, the precious 5kgs this man has gained has reminded us all again of the power of care and the importance of taking ART properly.

Sifiso's miraculous recovery has also served to remind me personally of the importance of courage and of our role as "encouragers". Sometimes, the difference between success and failure can be having people to stand with us, to help us do what we know we should, like taking our medication, and yet have lost the will or strength to do so alone."

Sister Sally De Villiers
HACT Nurse

"Sometimes, the difference between success and failure can be having people stand with us, to help us do what we know we should, like taking our medication, and yet have lost the will or strength to do so alone."

Sister Sally De Villiers, HACT Nurse

*Name has been changed to protect our patient's identity.

CHILDREN'S PROGRAMME REPORT

"The traditional African proverb "It takes a village to raise a child" has never been more relevant or necessary than it is in today's society. HACT is proud to be part of that village, ensuring we keep our children safe and that they grow up strong and healthy."

Babongile Phakathi, HACT Careworker

Despite the many gains made in our country's HIV/AIDS response over the past decades, access to services for children is still far behind that of adults, leaving them at disproportionate risk to violence, abuse and a myriad of other health and social inequalities.

HACT's Children's Programme aims to close these gaps in service delivery through a series of targeted HIV prevention and treatment strategies that address the unique needs and challenges faced by orphaned and vulnerable children and youth. Central to achieving this aim over the past year has been our team's delivery of the **Community Based Violence Prevention and Linkages to Response Programme**. Funded by USAID/PEPFAR through NACOSA, this intensive programme seeks to drastically scale up community-based efforts to prevent and respond to sexual violence among children, teens and young people, particularly adolescent girls and young women by identifying and assessing vulnerable children, working to change harmful attitudes, providing structured interventions and promoting protective family and community norms and parenting practices. Crucially, the programme also seeks to ensure that survivors of violence have access to comprehensive, acute post-violence care services and are provided with both crisis and long-term therapeutic support.



IMPOWER

Over the past year, HACT's was selected as one of only a handful of organisations in South Africa to receive training to facilitate an exciting new empowerment and self-defence training programme through No Means No Worldwide. Proven to reduce rape by up to 50%, this structured intervention teaches girls and young women aged 10-20 years-old how to identify risk early, how to say "no" effectively, and to use physical self-defence if necessary to escape danger. They are empowered with training on **assertiveness, gender equality, boundary setting, awareness and situation de-escalation** as well as the utilization of their **verbal skills backpack** and **physical skills** to protect themselves.

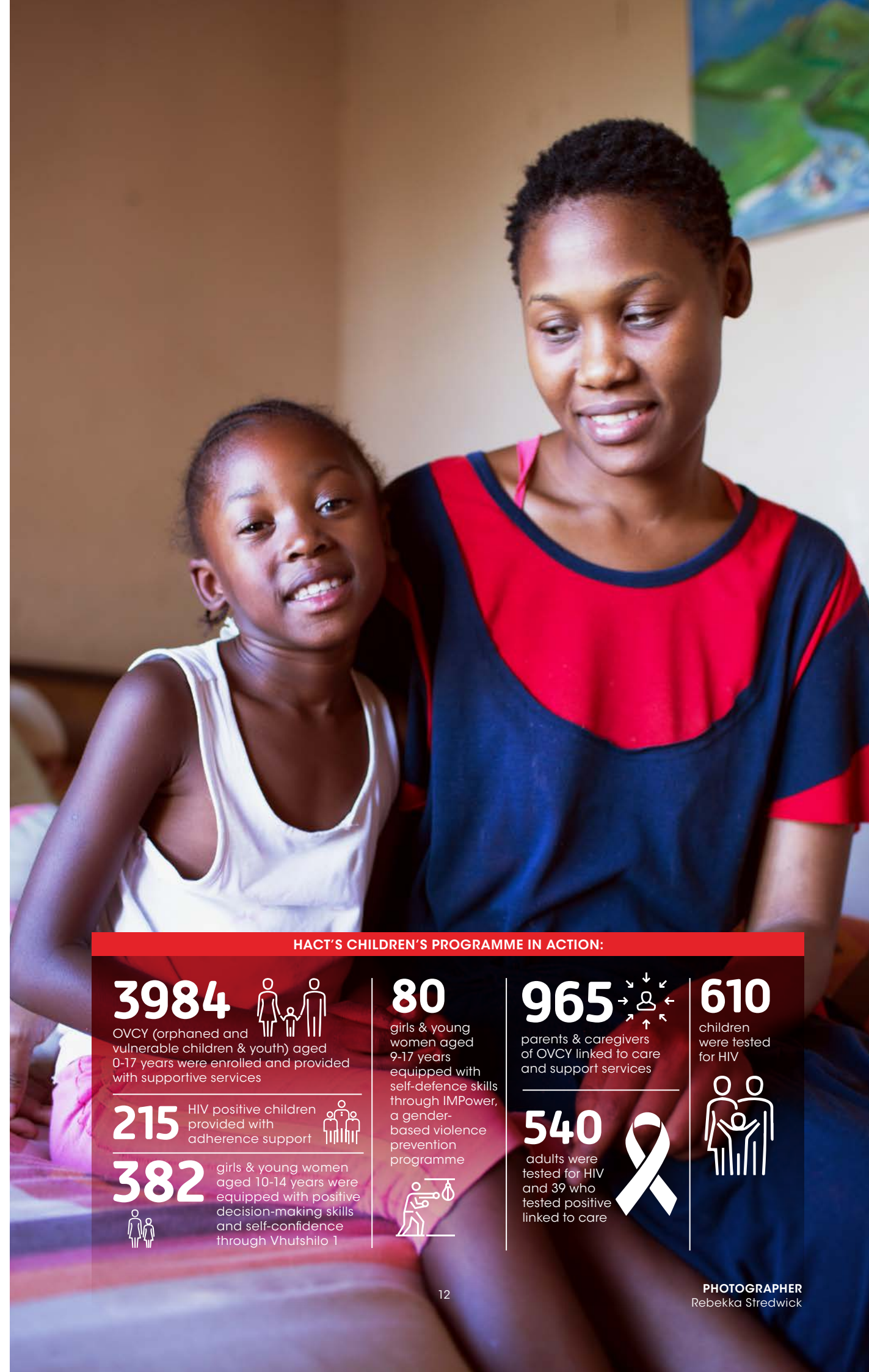
"It's about having courage and knowing your rights. We are teaching girls to be alert and assertive and that they have the right to defend themselves..."

Zanele Mkhize, HACT Caseworker & qualified IMpower facilitator



VHUTSHILO

As part of this programme our team has also enabled 382 young girls aged 10-14 years to participate in Vhutshilo 1, a 13-session curriculum designed to teach young people skills that will not only keep them safe, but improve their decision-making abilities, boost their self-confidence and build a positive attitude towards their future.



HACT'S CHILDREN'S PROGRAMME IN ACTION:

3984

OVCY (orphaned and vulnerable children & youth) aged 0-17 years were enrolled and provided with supportive services



215

HIV positive children provided with adherence support



382

girls & young women aged 10-14 years were equipped with positive decision-making skills and self-confidence through Vhutshilo 1



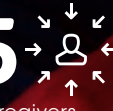
80

girls & young women aged 9-17 years equipped with self-defence skills through IMPower, a gender-based violence prevention programme



965

parents & caregivers of OVCY linked to care and support services



540

adults were tested for HIV and 39 who tested positive linked to care



610

children were tested for HIV



GOALS 4 LIFE PROGRAMME REPORT

Soccer is an integral part of many cultures and communities around the world. By harnessing its universal power, our Goals 4 Life programme is engaging youth in activity-based learning, building trust and creating safe spaces where children and young people feel comfortable asking questions, sharing opinions, and supporting their peers.



PHOTOGRAPHER
Claire Hodgkinson

Based on Grassroot Soccer's (www.grassrootsoccer.org) evidence-based HIV/AIDS curriculum, our team of trained Goals 4 Life facilitators or "coaches" have delivered a series of fun, interactive training sessions over the past year, benefitting 270 Grade 5-7 learners (aged 10-14 years) from six primary schools located across the Valley of 1000 Hills. By connecting vulnerable children and young people with positive role models, comprehensive HIV education and youth-friendly health services, these after-school training sessions have equipped these children with the knowledge and tools to make positive choices and take better control of their lives and health, both on and off the field.

"It's been really rewarding to see how the children's confidence has improved since the start of the programme. Doing something fun like playing soccer makes it easier to engage with the children, especially those who are shy or are harder to reach..."

Pemla Mtshali, HACT's Goals 4 Life Programme Coordinator.



PHOTOGRAPHER
Francois Anderson

In addition to providing access to life-saving health education and services, our Goals 4 Life programme also strives to build a positive and inclusive support system within each school for vulnerable children and young people and through our trained facilitators, give them access to mentors they can openly discuss any personal concerns and or challenges with. As well as referrals to local clinics and other community support services, those children and young people who are HIV positive are also linked to HACT's Children's programme for ongoing psycho-social support and counselling.

"There has been a marked improvement in the attitudes and behaviour of our learners who participated in this programme. Their knowledge about HIV/AIDS and other issues such as gender based violence is much advanced and they are benefitting from the additional support."

Mr Ngidi, Principal,
Ukusakwabasha Primary School

Inter-school soccer tournaments also play an integral part in our programme's holistic approach, enabling our young participants and their family and friends to access HACT's HIV testing and counselling services in a safe and non-threatening environment. These fun and memorable events also serve to reinforce the many lessons learnt throughout the programme.



PHOTOGRAPHER
Claire Hodgkinson



PHOTOGRAPHER
Claire Hodgkinson

"The soccer tournament was a lot of fun, I enjoyed competing against the other schools. I also learnt a lot about stigma and that you can't judge if someone has HIV just by looking at them. I'm also glad I got tested and know my status now."

Siyanda Ngcobo, Grade 7 learner,
Empilweni Primary School

GOALS 4 LIFE PROGRAMME IN ACTION:

270

Grade 5-7 learners from six rural primary schools in the Valley of 1000 Hills were equipped with the knowledge, skills and confidence they need to make positive and informed choices about their health and futures



10



life-skills training sessions were delivered in each of the six participating primary schools covering topics such as HIV/AIDS, sex & sexuality, stigma and discrimination, drugs and our bodies, what's my vision, managing your life, healthy environments and gender based violence

10



teachers from 3 underserved primary schools gained improved life skills facilitation skills through a 2-day workshop and in-class mentorship

90



learners participated in 3 inter-school soccer tournaments which also provided a platform for large, community-based HIV testing campaigns

"Leaders become great, not because of their power, but because of their ability to empower others."

Stephanie Simpson.

PHOTOGRAPHER
Rose Corbett

HACT'S PEER EDUCATION PROGRAMME IN ACTION

105

Peer Educators received intensive training, mentorship and support from HACT's Peer Education Facilitators



1000

Grade 7-12 learners across 3 rural high schools benefitted from 14 peer-led education lessons and awareness events



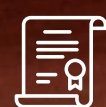
230

hours of community engagement and volunteering activities completed by HACT's 105 Peer Educators



810

Grade 12 learners from 10 rural high schools received career guidance and assistance with bursary applications through HACT's Career Expos



60

Grade 9 learners were equipped with critical thinking skills through an inter-school debate competition on common youth-related challenges



PEER EDUCATION PROGRAMME REPORT

By harnessing the positive influence young people can have amongst their peers, HACT's Peer Education programme seeks to develop a generation of young leaders equipped with the knowledge, skills and confidence to act as proactive agents for social change within their schools and communities.

Over the past year, 105 Grade 9 learners from three rural high schools situated in the Valley of 1000 Hills received intensive training and mentorship support through HACT's Peer Education programme. This involved HACT's facilitators guiding highly motivated young people to deliver a series of interactive, peer-led education and awareness campaigns and activities to their peers based on gold-youth's evidence-based curriculum, developing their character and integrity and equipping them with the tools needed to leverage the voices and actions of young people to advocate for higher level change and solutions.

"As a facilitator, you have to be able to connect with young people as people. I always make it a priority to have a good laugh during our peer mentoring sessions, when you're covering so many serious topics, it's really important..."

Sam Mtshali, HACT's Peer Education Programme Coordinator

HACT's Peer Education programme continues to play a crucial role in achieving our vision of an HIV-free generation and an AIDS-free South Africa through affecting changes in attitudes and social behaviour and building a sustainable support system for orphaned and vulnerable youth, including those living with HIV/AIDS. The programme systematically tackles some of the endemic risk factors to the development of young people including poverty, gender-based violence, teenage pregnancy, poor school performance, depression and drug and alcohol abuse.

"I've learnt a lot about myself this year, but also about my rights as a person and as a woman. I'm so grateful to have strong role models through the Peer Education programme and I hope I have been a strong role model for some of my peers who are also facing challenges in their lives..."

Nonte Shoji, Grade 9 learner, Tholulwazi Secondary School



PHOTOGRAPHER
Rose Corbett

AYANDA'S STORY

"Being a peer educator has helped me a lot... I don't talk myself down anymore."

Ayanda Phewa, HACT Peer Educator

Ayanda Phewa is one of 35 Grade 9 learners from Khabazela High School selected to take part in HACT's Peer Education programme over the past year.

The 15 year-old says the programme has given her a newfound sense of self-confidence and this in turn has helped her both in the classroom and her home life, which has been far from ideal...

"My mother died when I was in grade 4 which made me feel very bad because she was the greatest person I have ever known. Everything she did made me happy. My father is in jail so my gogo (grandmother) looks after us. We are eight children at home and I am the eldest of the two children from my mother. My gogo made sure we were alright after my mother died, but it has been a struggle for her. Although she has a job, she has struggled to put food on the table for all of us and to pay for school costs and she has not been well. I have seen my father once since he has been in jail but he calls me every day. I really miss my mother..."

Speaking of her selection as one of HACT's Peer Educators, Ayanda says she was excited and hopeful that the programme would give her the courage to help others who were also struggling.

"I heard being a peer educator would help me to be a good person and to learn to have faith in myself" explains Ayanda, "I would also learn to help others if they are having problems

like drugs, alcohol or if they are being abused - so I decided it would be a good thing to become a peer educator."

HACT Peer Education programme facilitator, Sbonelo Zuma said he believes Ayanda has a bright future ahead of her. Like many of HACT's peer educators, she blossomed under his positive mentorship. **"It has helped me a lot to talk to Sbo, our facilitator. He told us stories about his childhood when he would have difficulties and it helped us because he understands our situation."**

Ayanda says the programme has really helped her to focus on her future and adopt a positive outlook. **"Being a peer educator has helped me a lot. I used to be so troubled thinking about my mother and I failed my subjects in term two before I became a peer educator. I would look at myself badly and was fearful I would do something bad to myself, thinking too much. But things have now changed"** smiles Ayanda, **"I am focussed at school and my marks have improved too. I don't talk myself down anymore..."**



PHOTOGRAPHER
Rebekka Stredwick

GOGO (GRANNY) SUPPORT GROUPS PROGRAMME REPORT

HACT's Gogo Support Groups Programme provides psychosocial support as well as practical and sustainable skills development, training and economic empowerment opportunities to gogos, many of whom are caring for their orphaned and vulnerable grandchildren.

The past year has been an extremely busy one for our programme during which we have worked hard to uplift and empower our local gogos in practical and sustainable ways. Thanks to the support of our many donors and partners, we were able to **upskill 220 grandmothers through our parenting, sewing and entrepreneurial skills training courses**, equipping them with the tools and knowledge needed to bring about real improvements in their and their families' everyday lives. Our Family Strengthening project has also continued to make tangible strides in **restoring family bonds, building loving, supportive connections and bridging the intergenerational gap** that so often exists between grandparents and their grandchildren.



PHOTOGRAPHER
Rose Corbett



PHOTOGRAPHER
Rebekka Stredwick

Our Gogo Support Groups programme is currently active in **13 communities** across the Valley of 1000 Hills. Here, our gogos are taking an increasingly proactive role in the planning and delivery of our programme's key activities and events such as our Gogo of the Year event, our Gogos' Sewing Graduation Ceremony and Gogolympics, which still proved a big success despite our team experiencing numerous logistical challenges, not least the severe storms and flooding which occurred in the days and weeks leading up to this much-loved sporting

extravaganza. A new event which was added to our team's calendar and which took place in August catered for women aged 30 -50 years, an often overlooked cohort. Taking place in Clermont, this event attracted over 350 local women (many who are younger gogos) who spent a fun and memorable day playing soccer and netball as well as receiving education on HIV/AIDS, STI's, cancer and a range of other women's health issues as part of HACT's ongoing community-based outreach services.



PHOTOGRAPHER
Rebekka Stredwick

Our partnership with **Siyakhula Sonke** has continued to bear fruit with three more of our gogo support groups establishing **savings clubs** during the course of the year, bringing the total number of clubs currently in operation across our network to **18**. Our programme's **33 community-based vegetable gardens** which provide food security for over **500 gogos** and over **2000 grandchildren** every month also received a very welcome boost thanks to a large donation of gardening tools as part of a nationwide CSI initiative honouring Lasher Tools 90th anniversary. Twelve of our gogo along with one mkhulu (grandfather) community gardens were also fenced by members of HACT's Plant Nursery team thanks to a grant from the Czech Republic Development Corporation.

Through the ongoing support of the Stephen Lewis Foundation, we are pleased to report that the **GMISA** (Grandmothers Movement in South Africa GMISA), of which HACT is a founding partner, has continued to make great strides. Following two members' meetings, this newly formed national movement, now boasts a formal constitution as well as a willing and able Executive Committee who are committed to ensuring it fulfils its mandate of advocating for the rights of all grandmothers across South Africa including improved service delivery from government.

Thank you to our many partners for their ongoing support and to our gogos whose strength, courage and resourcefulness is a reminder to us all of the great things that can be achieved with a little hard work, ubuntu and determination.

OUR GOGO SUPPORT GROUPS PROGRAMME IN ACTION:

71

gogo support groups have served a network of **2000** grandmothers from across **13** communities



18

gogo support groups have savings clubs through HACT's partnership with Siyakhula Sonke



160

gogos completed HACT's 6-week Parenting Skills & Children's Rights training course



40

gogos learnt how to start and grow their income-generating businesses through HACT's Basic Business Skills training course



20

gogos learned how to sew through HACT's 6-month Sewing & Dressmaking training course



33

gogo community gardens and 1 mkhulu garden provided food security for over **500** grandparents and **2000** orphaned and vulnerable children



419

gogos and **823** grandchildren supported through Family Strengthening activities



QOMI'S STORY

72 year-old, Qomi Mgeyane lives in KwaNuyswa with her two daughters and three granddaughters aged 4, 12 and 23 years. Qomi has suffered from ill health for many years and it was only just over a year ago, when she joined her local gogo support group that she slowly started to regain her strength and vitality.

"I suffer from high blood pressure and often felt too weak to get out of bed. Our support group is called "sivukile" which means "we wake up" and that is exactly what happened to me after so many years, I woke up!"

Qomi became more and more active within her group as she got to know other members and her confidence improved. She soon started joining in with their weekly sewing and beading activities and even participated in her first Gogolympics this past year in the "pass the ball" event.

"I have something to get out of bed for these days and am surprised how much stronger and fitter I feel."

In May this year, Qomi was offered the opportunity to participate in HACT's new Stronger Together project which aims to strengthen family bonds and foster a more caring and supportive relationship between grandparents and their grandchildren. She attended the sessions with her 12 year-old granddaughter, Amahle who she said she felt "disconnected" and "frustrated" with at times especially when it came to her spending time with her friends.

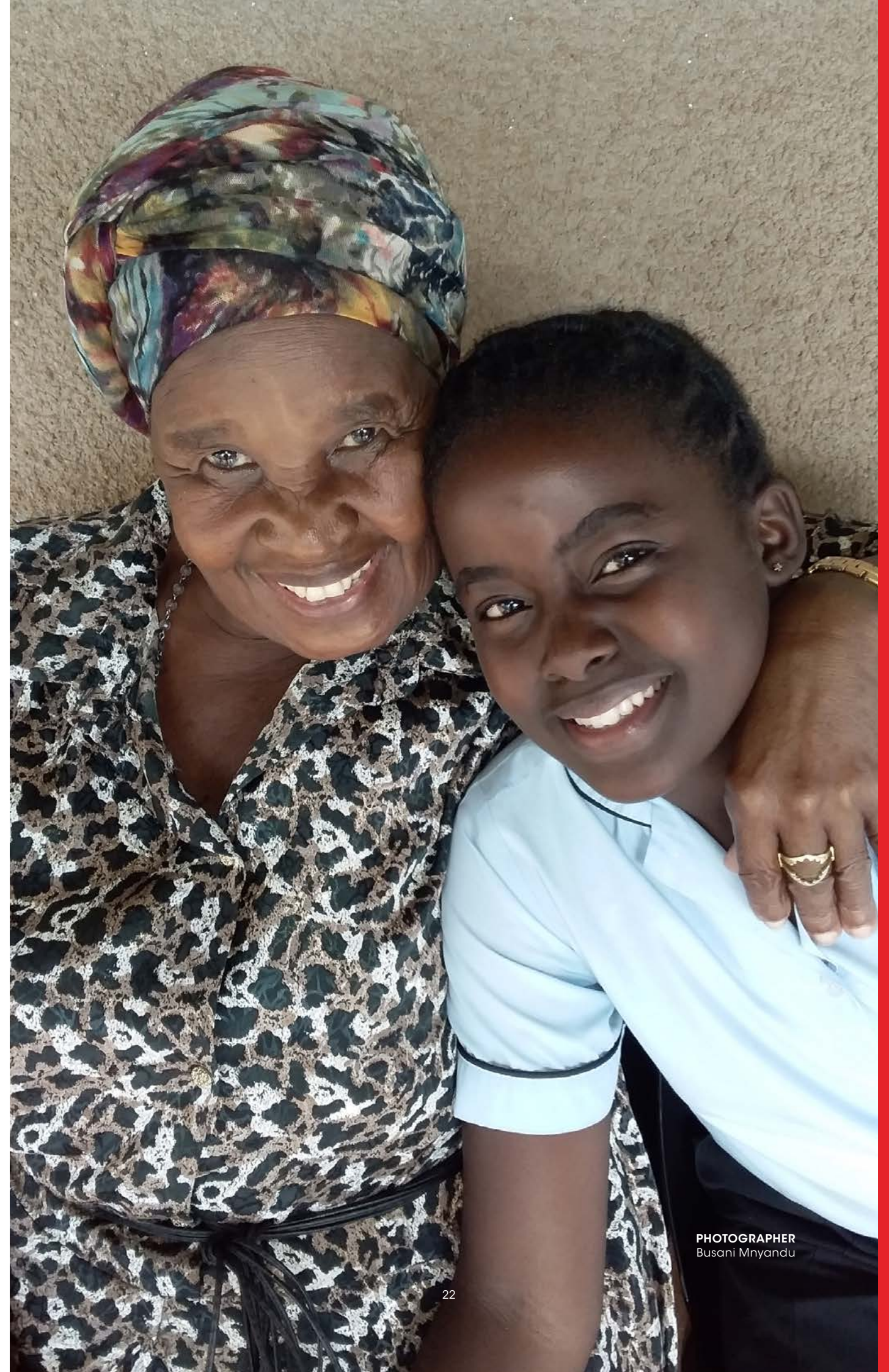
Qomi says the project has helped to bring a sense of "togetherness and unity" within her home which wasn't there previously. ***"I have learnt the importance of talking and listening to my grandchildren and that respect within a family has to be both ways"*** explains Qomi, ***"I now ask Amahle about her activities and take an interest in her life and friends, this has helped to bring us together..."***

For Amahle, she says the project has given her a new friend in her grandmother, one that she loves, trusts and can confide in. ***"We always got along"*** says Amahle, ***"but now I pay attention to how my gogo is feeling. If she's not having a good day I try to be extra helpful at home to show her I love and respect her."***

Qomi believes there is a big need for this project within her community at this time and is encouraging as many of her support group members as possible to take part. ***"There is so much joy in connecting with others"*** she implores, ***"this project is bringing back the spirit of ubuntu which has been missing in so many families. It reminds us that a home is not a home unless there is love and respect for all its members."***



PHOTOGRAPHER
Benno Neeleman



PHOTOGRAPHER
Busani Mnyandu

WOZA MOYA PROGRAMME REPORT

Woza Moya ("come winds of change" in isiZulu) is HACT's award-winning economic empowerment programme which uplifts, empowers and inspires people impacted by HIV/AIDS by providing practical training, support as well as market access to local artists and crafters.

The past year has been one of consolidation, with our team working hard to put systems and processes in place that will safeguard the sustainability of this unique programme. Enabling our crafters to earn a decent living remains at the heart of Woza Moya, but an analysis of our financial performance in the previous year revealed massive gaps in our everyday operations that were preventing the ever-growing organism that is Woza Moya from reaching its full potential. We realised we were in a catch 22 situation and essentially being held hostage from within. Thankfully, we secured funding to appoint a fulltime Operations Manager to help address many of these issues and "eat the elephant, one bite at a time".

"Most of our mistakes, well the big ones at least, are the result of allowing emotion to overrule logic. We knew the right choice but didn't obey."

Dauvoire

A year later, we are now well on our way to a more professional, streamlined and efficient Woza Moya. In addition to investing in barcode printers and scanners, implementing stringent new stock controls, a pricing structure review and compiling a comprehensive product catalogue, we also developed a new online shop (www.wozamoya.co.za) which is a work in progress, but is showing growth weekly. Another positive and exciting development was the repurposing of the second floor of our HACT-based shop into our new Woza Gallery, a beautiful space where we have already showcased eight local artists through a series of interactive exhibitions.

In November 2019, our programme's Executive Manager, Paula Thomson was one of 24 women selected by the WIPO (World Intellectual Property Organization) to attend a workshop in Geneva, Switzerland aimed at capacitating women entrepreneurs from indigenous peoples and local communities to make strategic use of intellectual property rights. This inspiring experience highlighted the importance of obtaining the necessary registrations and trademarks for Woza Moya, not only to protect its future, but the hub of indigenous knowledge and cultural heritage it represents.

Our non-traditional skills trainings, which seek to improve the economic security of unemployed women who have been impacted or are at-risk of HIV/AIDS have also continued to grow. In total we trained 60 young women in glass-cutting (turning recycled bottles into drinking glasses) and 15 in welding over the past year. Our trainees were also equipped with the basic business skills needed to start their own mini enterprises.

Our corporate client database and exports have also continued to grow while sales in our Haberdashery and Charity Shop continue to expand our local offerings. As ever, our work would not be possible without our incredible volunteers who help out in so many ways and whom we love so much. All in all, we believe we have made much progress and are now poised to take Woza Moya to the next level with greater strength, focus and improved efficiency.



PHOTOGRAPHER
Rose Corbett



"Our non-traditional skills trainings are giving hope to vulnerable young women. With many of our trainees being the daughters of our Woza Moya crafters, these activities are also helping to reduce the economic burden they as their families' sole breadwinners, so often shoulder."

Paula Thomson,
Woza Moya Executive Manager

PHOTOGRAPHER
Busani Myandu

WOZA MOYA IN ACTION:

350

local crafters enabled to earn a sustainable income through the sale of their Proudly South Africa, hand-made products



1500

crafters further supported by Woza Moya through market access every month



60

unemployed, young women trained and supported to earn a sustainable income through the sale of upcycled glass products



15

unemployed, young women trained and supported to earn a sustainable income through welding



8

local artists and crafters gained exposure through exhibitions featuring their work at the Woza Gallery



BUSI'S STORY

"The greatest glory in living lies not in never falling, but in rising every time we fall"

Nelson Mandela

59 year-old Busi Nzama, currently lives in Inchanga with her 5 children and 3 grandchildren. She has been a Woza Moya beader for over 14 years and is currently responsible for making the much loved Madiba Little Traveller pins, amongst many other products.

Since an early age, life has been difficult for Busi. Throughout her early childhood, her mother worked as a live-in domestic worker, so Busi and her siblings grew up in the care of her gogo and other relatives. Then, when she was just 13 years-old, Busi was forced to drop out of school in order to help her mother provide for her younger siblings. Every cent she earned went back to her mother to help her make ends meet within the home.

Much later, as a young women with her own young children to provide for, Busi first started to work with her hands. Initially she crocheted items such as blankets, table cloths and linen. Friends and family loved her beautiful designs and she was able to put food on the table through the sale of her work. ***"I was able to pay school fees and feed my children all thanks to cotton and my hands..."*** explains Busi proudly.

Busi's first contact with HACT was through the Centre's Clothing Scheme. She had been selling the donated, second hand items of clothing for approximately six months when Woza Moya's Executive Manager, Paula Thomson encouraged her to try her hand at beading. ***"Ever since that day, I have been a beader and it has been very good to me..."*** says Busi.

It was sometime later that Paula first approached Busi with the idea of making a "Madiba" Little Traveller in honour of South Africa's beloved Nelson Mandela. ***"I remember showing Busi pictures of Madiba and explaining the concept to her"*** recalls Paula, ***"Busi is so talented, I knew she was the right women for the job!"***

Today, Busi's Madiba Travellers are sold all over the world and have been featured in several newspaper articles and video documentaries.

"I'm so happy that I am able to make him" says a beaming Busi, ***"I wish he was still here so that he could see that I make him."***

Busi says being a Woza Moya beader is like being part of one big family and just like a family, the members look after each other. ***"My sisters at Woza Moya are always there for me. It has changed my life and we are so grateful for your care of us..."***

CLOTHING SCHEME REPORT

HACT's Clothing Scheme is one of our many successful economic empowerment initiatives that promotes and enables sustainable access to the economy for local, unemployed people impacted by HIV/AIDS.

For more than a decade, HACT's Clothing Scheme has been creating practical income-generating opportunities for patients who have recently been discharged from our Respite Unit and/or their immediate family members. This has on many occasions served as a lifeline to these often destitute families.

"I am always so happy to come to HACT and receive my bags of clothing, the staff are so friendly and care about us as people. I also want to say thank you to those who donate this clothing, I am so grateful for the support."

Patricia Lixoxo,
HACT Clothing Scheme beneficiary

Purchasing bags of second hand clothing for just R15 each, HACT's Clothing Scheme beneficiaries go on to sell the clothes in their local communities on a weekly basis for anything between R250 – R600 per bag. Over the past year, 585 bags with more than 11 700 items of clothing have been bought and sold through our Clothing Scheme, thus generating an income of over R234 000 for our 33 beneficiaries and their families.

"Our Clothing Scheme is giving people a chance at a better life. A bag of clothes represents food for hungry tummies, school uniforms for young children and comfort for a mother or father who know they can provide for their family."

Thobeka Ntshangase,
HACT's Clothing Scheme Coordinator

PHOTOGRAPHER
Claire Hodgkinson



HACT'S CLOTHING SCHEME IN ACTION:

33

direct beneficiaries



132

indirect beneficiaries



585 bags and
11 700

items of clothing bought and re-sold



R234 000

income generated for families in need



UBUNTU GROUND CAFÉ REPORT

Ubuntu (pronunciation: ùbúnt'ù) is an isiZulu term meaning "I am because you are".

Ubuntu is essentially about togetherness and how our actions have an impact on the lives of others, and is one of the core values of HACT.

In October 2019, HACT was awarded a grant by the Old Mutual Foundation towards the start-up and development of the Ubuntu Ground Café, the organisation's first social enterprise initiative under our newly registered company, HACT Biz. A fully converted, 12m container sponsored by Container World literally gave the project a home and our team proudly opened our Café's doors to the public in late January 2020.

"The Ubuntu Ground Café is all about inspiring change, one cappuccino at a time!"

Cwengi Mleya,
Ubuntu Ground Café Manager

In addition to the Old Mutual Foundation and the wonderful team at Container World, HACT would like to thank Catalyx Consulting for their support of this project through ABSA's national YES programme which has provided stipends for the five trainees in the Café for a 12 month period.

"Sitting at home for a year with no hope of finding work almost broke my spirit. Joining the Ubuntu Ground Café team has given me hope and confidence I did not have before."

Khanyo Shange,
Ubuntu Ground Café Apprentice

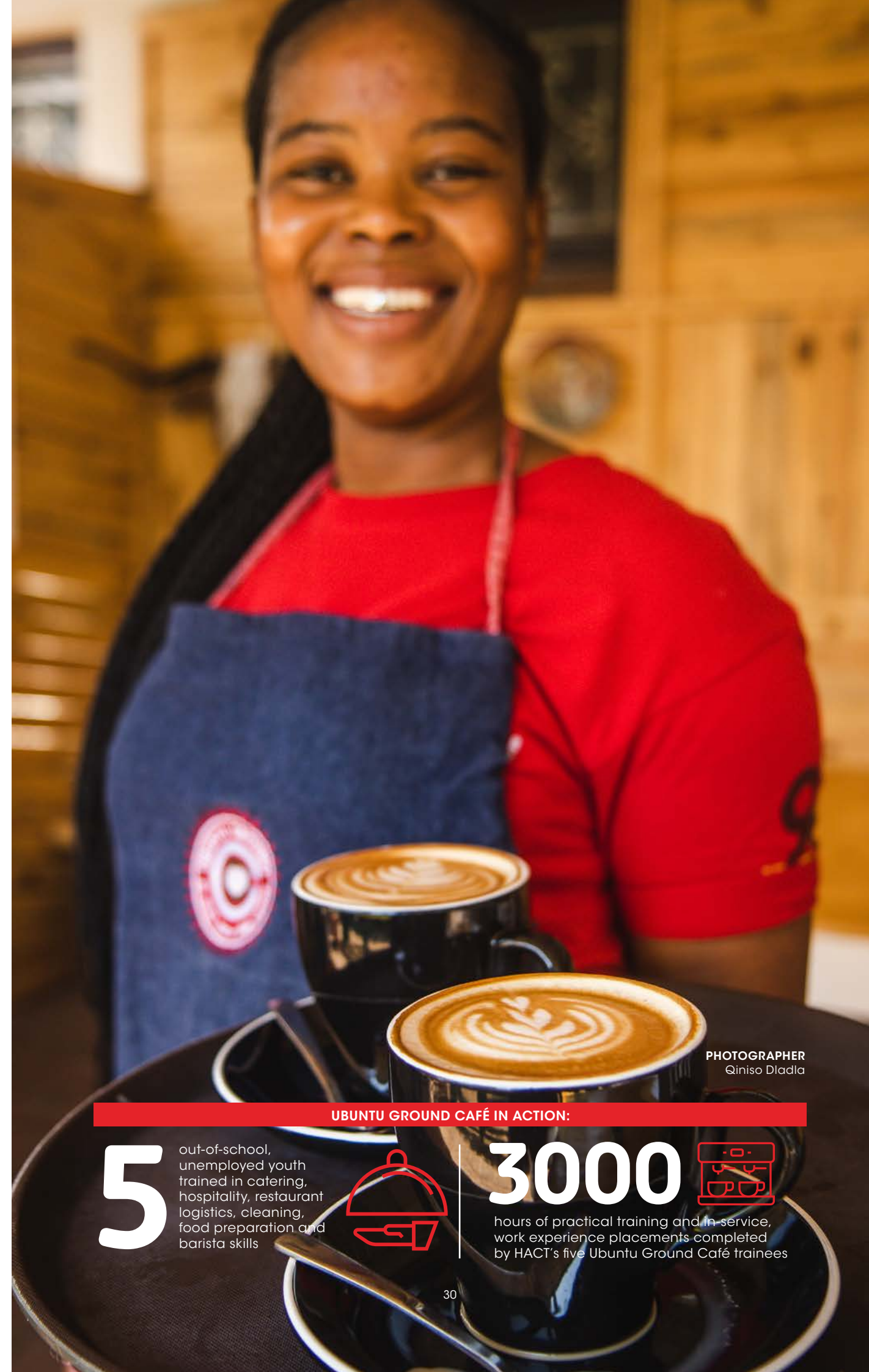
From training and skills development, increased confidence and capacity, to a welcoming presence at HACT along with a delicious menu and children's play area, our Café is certainly living up to its tag line of 'so much more than coffee'.



This exciting new venture not only sells delicious coffee, great food and is a natural add-on to our existing Plant Nursery and Woza Moya shop here at the HACT Centre, but will be providing skills development, training and work experience placements to local, unemployed youth equipping them with the skills, experience and confidence to gain meaningful employment. Furthermore, all profit raised through this unique venture will go directly towards HACT's 24-bed Respite Unit, thus contributing to this life-saving project's long-term sustainability.



PHOTOGRAPHER
Qiniso Dladla



PHOTOGRAPHER
Qiniso Dladla

UBUNTU GROUND CAFÉ IN ACTION:

5

out-of-school, unemployed youth trained in catering, hospitality, restaurant logistics, cleaning, food preparation and barista skills



3000

hours of practical training and in-service, work experience placements completed by HACT's five Ubuntu Ground Café trainees



PLANT NURSERY REPORT

"I enjoy my job working in the Plant Nursery. We have worked hard this year to grow more plants ourselves so we can offer our customers a good selection. The Nursery looks very good now and we are very proud of our work."

Bhekani Nxele,
HACT Plant Nursery staff member

The aim of HACT's Izingadi Zethemba (Gardens of Hope) Plant Nursery is two-fold, namely to create jobs and thus contribute to the economic empowerment of local families impacted by HIV/AIDS. At the same time, as a social enterprise of HACT Biz, our Nursery also contributes to HACT's long-term sustainability by generating proceeds that can go directly back into sustaining the organisation's life-saving projects and services.

Our Plant Nursery team has enjoyed another very busy and productive year during which we have transitioned under the wing of HACT Biz, HACT's newly registered Pty Ltd company. Our Nursery's professional landscaping and garden maintenance services have continued to expand thanks to our experienced and willing team and the wide selection of plants and garden décor that are readily available and at their disposal for developing beautiful, yet affordable gardens and features within residential properties, complexes, and commercial office parks.

Our Plant Nursery itself has also enjoyed a bit of revamp and undergone some restructuring in order to make space for HACT's new Ubuntu Ground Café, a much anticipated and very welcome attraction here at our Centre. The fact that our nursery customers can now enjoy a delicious cup of coffee or meal as part of their visit to our Centre has given us a very big leg up in terms of being able to compete with the many commercial nurseries located here in our Upper Highway community.

Thanks to a grant from the Embassy of the Czech Republic, we were also able to install an automated irrigation system within our Nursery which draws on rainwater harvested from the roofs of HACT's buildings and which is stored in several JOJO tanks on the premises. Other structural improvements included extending our plant tunnel and the establishment of hedges and fences in order to create a more attractive and client-friendly environment within our Nursery. Our customer database has continued to grow and it has been pleasing to see our regular customers returning with more frequency.

Thank you as always to all our loyal customers for their ongoing support.

Support HACT's Plant Nursery

- ▶ Open 6 days a week
- ▶ Wide variety of indigenous and exotic plants, together with garden décor, at affordable prices
- ▶ Professional and friendly service
- ▶ Centrally located
- ▶ Delivery service
- ▶ Affordable landscaping services with an eco-friendly and social conscience

PHOTOGRAPHER
Qiniso Dladla

ANNUAL FINANCIAL STATEMENTS

The Annual Financial Statements for the financial year ending 31st March 2020 were approved by HACT's Trustees and signed off by the external auditors, Marwick and Company Inc. on the 28th October 2020.

The Annual Financial Statements for the financial year ending 31st March 2020 were approved by HACT's Trustees and signed off by the external auditors, Marwick and Company Inc. on the 28th October 2020.

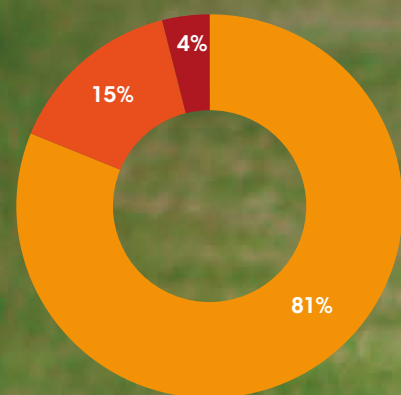
A new USAID funded project resulted in an increase in our budgeted expenditure by R2 858 027. Other expenditure reduced by R257 609 due to cost saving initiatives such as our new solar energy project which reduced our electricity cost considerably.

HACT's grant income increased from R3 530 761 to R6 873 635 (94%) over the past year mainly due to the new UNAID project. Donations however decreased by 8% (R423 184).

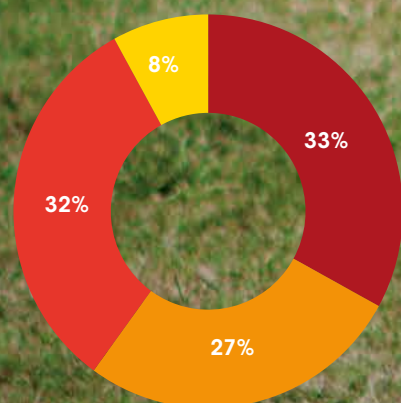
The Trust opened HACT Business (Pty) Limited in April 2019. Our Plant Nursery and new Café, Ubuntu Ground, now operates out of this business. This venture opens up many B-BBEE funding opportunities for HACT which in turn, will assist in our Trust's long-term sustainability plan, the Café is fully funded and is becoming a popular meeting place for our local community.

Full copies of HACT's Annual Finance Statements are available upon request.

Where Your Money Goes



Programme Expenditure Breakdown



PHOTOGRAPHER
Ryan Morgan

BALANCE SHEET

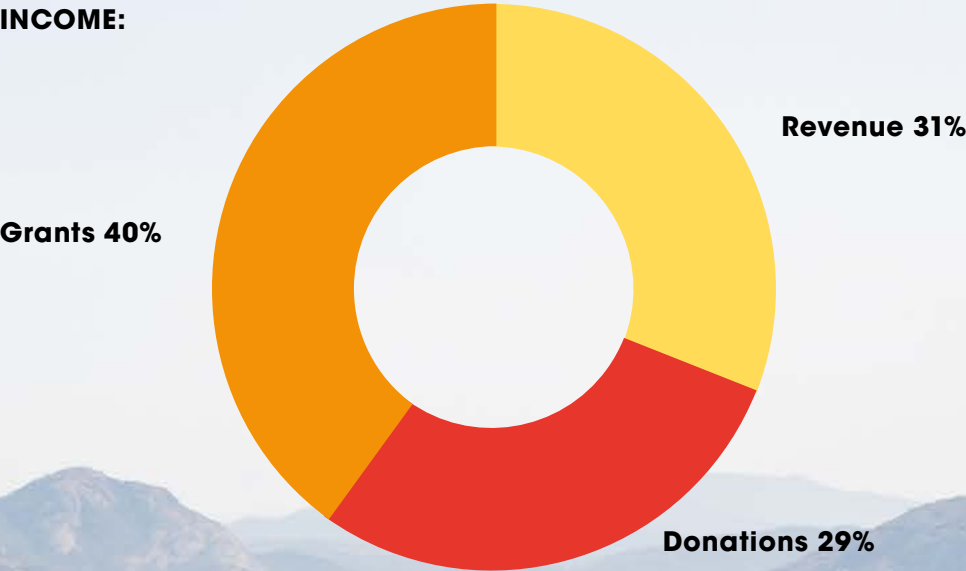
ANNUAL FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020
Statement of Financial Position

	2020	2019
ASSETS		
Non-Current Assets		
Property, plant and equipment	4 184 048	4 184 048
CURRENT ASSETS		
Inventories	1 136 625	1 033 753
Trade and other receivables	498 605	368 687
Cash and cash equivalents	3 179 898	2467 198
	4 815 128	3 869 638
TOTAL ASSETS	8 999 175	8 053 686
EQUITY		
Trust capital	100	100
Accumulated surplus - Hillcrest AIDS Centre Trust	4 373 021	4 293 928
Accumulated surplus – Woza Moya	2 237 843	1 416 075
	6 610 963	5 710 103
CURRENT LIABILITIES		
TRADE AND OTHER PAYABLES	2 388 212	2 343 583
TOTAL EQUITY AND LIABILITIES	8 999 175	8 053 687

CONSOLIDATED INCOME STATEMENT & OVERVIEW

	2020	2019
DONATIONS	4 914 060	5 337 244
GRANTS	6 873 635	3 530 761
REVENUE	5 203 259	5 616 784
Administrative Income	370 869	322 378
Education Income	-	2 074
Plant Nursery Income	10 107	490 658
Woza Moya Income	4 809 543	4 786 293
Respite Unit Income	12 740	15 381
TOTAL INCOME	16 990 950	14 484 789
COST OF SALES		
Woza Moya Cost of sales	2 310 545	2 828 495
EXPENSES	13 779 548	11 189 130
SURPLUS FOR THE YEAR	900 861	467 164

INCOME:



PHOTOGRAPHER
Ryan Morgan

HACT BUSINESS (PTY) LTD T/A HACT BIZ

Income Statement for Period Ending February 2020

TOTAL		YTD ACTUAL
Sales		546 518
Expenses		897 230
Other Income		301 730
NET PROFIT / (LOSS) BEFORE TAX		(48 982)
TAXATION		-
NET PROFIT / (LOSS) BEFORE TAX		(48 982)

HACT PLANT NURSERY	
SALES	520 775
Expenses	490 322
OTHER INCOME	-
NET PROFIT / (LOSS) BEFORE TAX	30 453

UBUNTU GROUND CAFÉ	
Sales	25 743
Expenses	401 291
OTHER INCOME	301 730
NET PROFIT / (LOSS) BEFORE TAX	(73 818)

ADMINISTRATION	
SALES	-
EXPENSES	5 618
OTHER INCOME	-
NET PROFIT / (LOSS) BEFORE TAX	(5 618)

HACT Biz

Established in early 2019, HACT Biz is a registered Pty (Ltd) company that has been created with the aim of increasing the long-term sustainability of HACT's life-saving projects and services while creating much needed skills training and employment opportunities for the disadvantaged communities we serve.

HACT Biz is 100% owned by HACT the NPO, thereby making our NPO beneficiaries the full beneficiaries of all profits made from our business. This also means all social enterprises started and owned by HACT under HACT Biz, are Level 1 contributors.

HACT is therefore ideally positioned to help boost SA-based businesses' B-BBEE scorecards through a number of opportunities specifically designed to meet their SED, skills or enterprise development requirements and or CSI objectives.

Financial Report

HACT Biz now consists of HACT's Plant Nursery (formerly operating under the Trust) and the Ubuntu Ground Café. Plant Nursery sales have increased slightly and reflect a profit of R30 453 as at the company's financial year ending 28th February 2020.

Ubuntu Ground Café opened its doors in January 2020 and the financial statements reflect sales of R25 743 for the two months of the financial year ending the 28th February 2020. All start-up costs for this new enterprise, including the container in which the café is housed, the equipment and working capital were fully funded through generous donors and grant-givers.

PHOTOGRAPHER
Lungi Manyathi





PHOTOGRAPHER
Ryan Morgan

2019 COMRADES MARATHON CAMPAIGN REPORT

"2019 was my 28th Comrades and it was made all the more special by running once again for HACT. The charity and its team have become so dear to me over the past year and their support on race day was just phenomenal! I'm a very proud HACT supporter and am humbled by all they do for those in need within our community."

Dean Wight, Founder of Beloved Long Runs KZN
& HACT Comrades Ambassador

In 2019, HACT delivered its second campaign as an official charity of the Comrades Marathon, the world's oldest and largest ultramarathon that takes place annually, right here on HACT's doorstep. Known both locally and internationally as "the ultimate human race" completing this gruelling 90km event is every long distance runner's dream. Through our three-year partnership (2018 – 2020) with the CMA (Comrades Marathon Association), every runner who tackles this iconic race also has the unique opportunity to help local people impacted by HIV/AIDS living directly along the famous race route by choosing to run and raise funds for our organisation.

Entitled **#DoingItForTheKids**, our 2019 campaign aimed to raise funds for our projects and services benefitting orphaned and vulnerable children including those whose parents are ill, have lost their parents, are HIV positive, are at high risk or vulnerable and or those struggling with adherence to treatment.

In total, over 90 local and international runners ran for HACT on race day (20 more than in 2018) and succeeded in raising an incredible R1 112 210 for our campaign of which a whopping R352 060 was raised by HACT's Comrades Ambassador, Dean Wight securing him the title of both HACT and Comrades' top fundraiser for the second year in a row.

Once again, our Comrades campaign served as a fantastic morale booster for our team of staff and volunteers who worked together to deliver not one, but two very vibrant and memorable road-side activation points on race day. Other campaign highlights including our team winning a Silver Award for our stand at the 2019 Comrades EXPO and hosting none other than nine times Comrades winner, Bruce Fordyce as VIP guest speaker at our Runners' annual pasta party and appreciation event.

"The HACT team has once again been blown away by the support and generosity of the local and international running community. We'd like to extend our sincere thanks to all our Comrades runners as well as the many schools, community groups and companies who helped to make our #DoingItForTheKids campaign such a big success this past year."

Claire Hodgkinson, Marketing & Fundraising Manager

THE HOPE CLUB



"Hope is being able to see the light, despite all the darkness..."

Archbishop Desmond Tutu

HACT'S HOPE CLUB IS ALL ABOUT SAVING AND TRANSFORMING LIVES.

Donations received through our monthly giving programme are critical to ensuring the doors to our 24-bed Respite Unit remain open and that each and every one of our patients receive the quality, compassionate care they so deserve.

For over a decade, our Respite Unit has been a beacon of hope to children and adults suffering from advanced stages of AIDS or terminal cancer.

Our Unit cares for those who cannot afford private medical care or who have fallen through the cracks of South Africa's heavily overburdened and under-resourced public healthcare system.

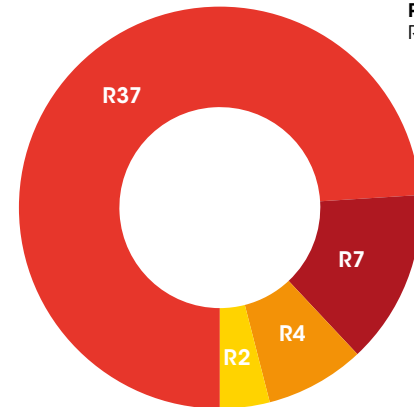
Thank you to all our Hope Club donors for their continued support over the past year. With your continued help, we are making a meaningful difference in the lives of our patients.



PHOTOGRAPHER
Robert Lang

FOR EVERY R50 DONATION HACT RECEIVED IN 2019/2020:

- **R37** was used for our direct patient costs including medication, meals, lab costs, medical supplies and nursing care
- **R7** was used to upgrade and maintain our medical and hospital equipment
- **R4** went towards our Unit's lights, water, IT and security costs
- **R2** was used to provide our staff with training and development to ensure our team can continually provide the best care to our patients



"Little by little, a little becomes a lot"

Tanzanian Proverb

Join our Hope Club today by signing up at www.hillaims.org.za or contact our team at fundraising@hillaims.org.za

ADOPT-A-BED CAMPAIGN



HACT's **24-bed Respite Unit** is open **365** days a year and operates **24/7**. Here, over 200 patients a year suffering from advanced stages of AIDS or terminal cancer are provided with free, inpatient care and treatment by HACT's small yet highly dedicated team of doctors, nurses and caregivers.

"The people here have been very good to me. They have cared for me like their own family and have taught me how to take my pills every day..."

Zamekile Ngcemu, 48 years-old

Can you help us give more patients like Zamekile a second chance at life?

HACT does not currently receive any governmental subsidies towards our Respite Unit and we are therefore completely reliant on donations to keep the doors to our Unit open on a monthly basis.

This is where HACT's Adopt-a-Bed campaign and you come in...

Whether you are looking to Adopt-a-Bed as a company, a church, school or as an individual, your monthly donations will go directly towards helping our team provide the very best care and treatment to our patients so that they in turn, have the very best chance of returning home to their families and leading full, healthy and productive lives.

For every R6000 donation HACT received via its Adopt-a-Bed campaign in 2019/2020:

R4 560 was used for our direct patient costs, such as their daily medication and meals as well as lab costs, medical supplies and nursing care

R840 was used for the maintenance and upgrade of our medical and or hospital equipment

R480 was used towards the monthly running costs of our Respite Unit including lights, water, IT and security

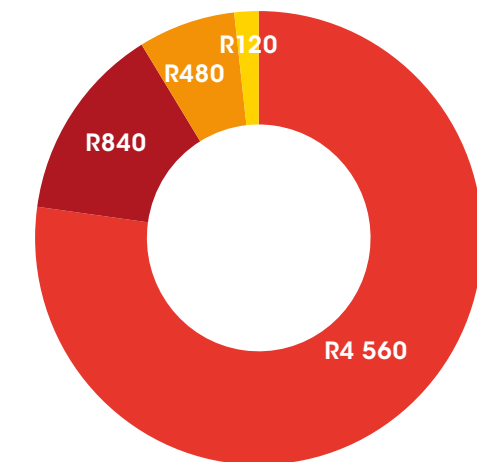
R120 was used towards staff training and development to ensure our team can continually provide the best care to our patients

All donations are tax-deductible and HACT is a proud B-BBEE Level 1 contributor.

Please contact our Marketing & Fundraising team at fundraising@hillaims.org.za for more information on partnering with HACT through our Adopt-a-Bed campaign.

"Taking care of our patients is our number one priority. Seeing the patients recover and regain their strength after they've been so sick is always very rewarding for me".

Nomthandazo Ngcobo, caregiver in HACT's 24-bed Respite Unit



OTHER WAYS TO GIVE

MAKE A DONATION

Donate online via our website or donate via EFT:

Acc Name: Hillcrest AIDS Centre Trust
Acc No: 1147961433
Bank: Nedbank
Branch: Hillcrest
Branch code: 133826
Swiftcode: NEDSZAJJ

DONATE IN-KIND

Check out our online wish list for our current needs here at the Centre. Donations of new or second-hand books, clothing and household items are also gratefully accepted for use by our various income-generating projects.

SHOP AT HACT

Purchase an ideal gift for that special someone in our Woza Moya stores (or online shop – www.wozamoya.co.za) or pop in and support our onsite Plant Nursery, Charity Shop or Haberdashery. Our creative team also specializes in unique, one-of-a-kind corporate branding and gifting ideas that your clients won't forget!

SUPPORT OUR UBUNTU GROUND CAFÉ

Pop in and enjoy a delicious cappuccino or light meal. Our coffee shop is open 6 days a week and also offers catering for private or corporate functions.

BOOK OUR FUNCTION ROOM

Hold your next training, meeting or function in our affordable, onsite Training Centre or book an HIV/AIDS Awareness Talk as part of your next Corporate Wellness Day.

LEAVE A LEGACY

Leave a bequest to HACT in your Will and help us achieve our vision of an AIDS-free South Africa.

GET A MYSCHOOL CARD

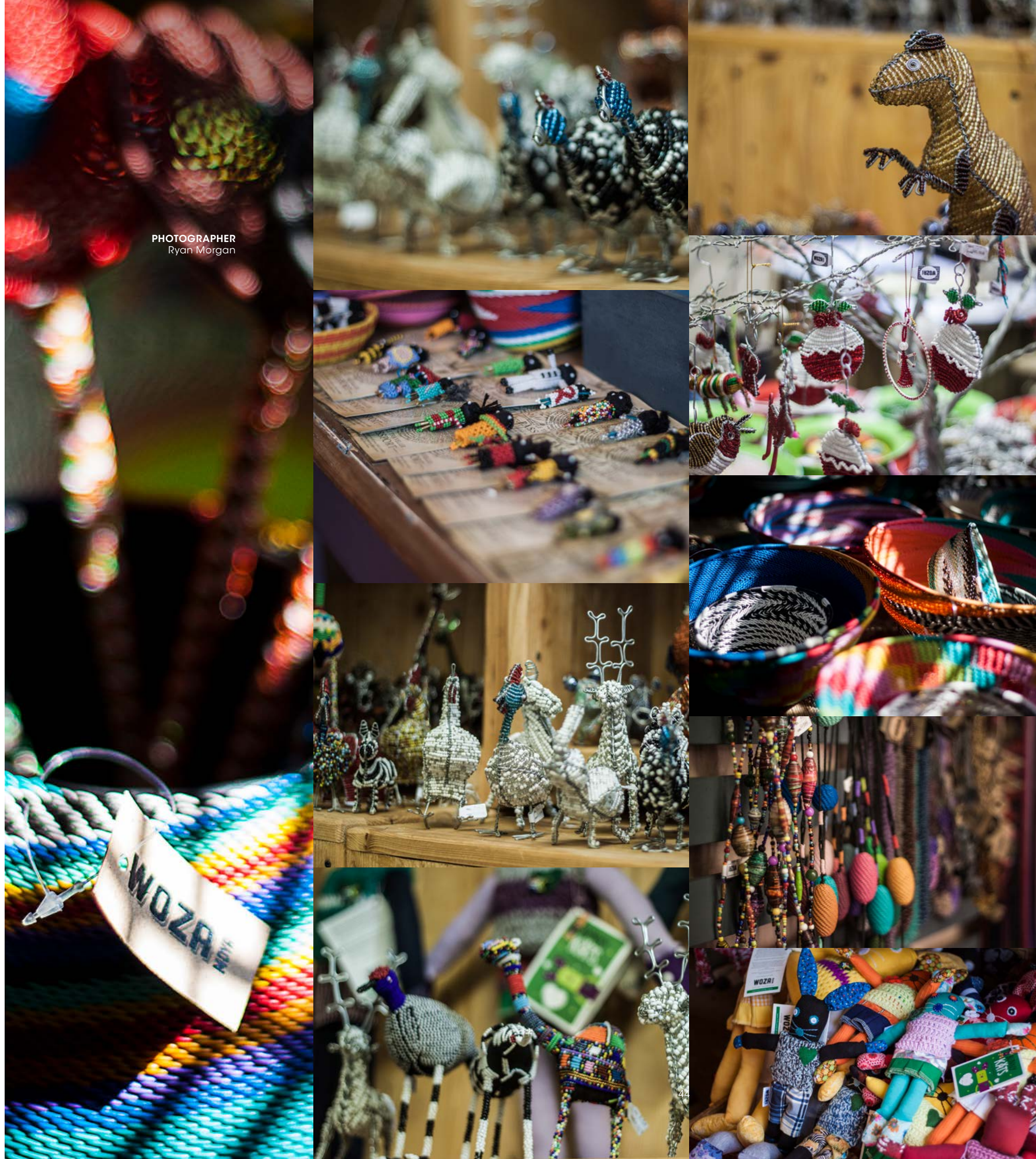
Swipe your MySchool card for HACT and help raise much needed funds for our work – it's quick, easy and free to get your card!

VOLUNTEER AT HACT

HACT welcomes both local and international volunteers – be part of our passionate team and help us make a meaningful difference!

For more info on these are other ways to support HACT, please visit our website or contact our Marketing & Fundraising team on 031 765 5866 / fundraising@hillaims.org.za

PHOTOGRAPHER
Ryan Morgan



OUR DONORS & PARTNERS

HACT would like to acknowledge the generous support of the following donors and partners who have played a crucial role in helping us fulfill our mission over the past year:

1000 Hills Community Helpers	GAGA UK	Margie Wilson
1000 Hills Tourism	Gelvenor Textiles	Marwick & Co.
31 Club	GeoAfrika Property Management	Mercury Phoenix Trust
ActionCOACH Marlene Powell	GeoAfrika Surveys Inc	Michelle Pugh & Inspired Design
African Bullion	Gertrud & Georg Rotter	My Finance Partner
AIDS Foundation of SA	Gill Browne	MySchool
AWDF	Global Sourcing Solutions	NACOSA
Beloved Long Runs KZN	gold-youth	Nation Changers
Berdine Neethling	Grindrod Logistics	Neetling Trust
Betty Lawes Foundation	HACT UK	Neptun Boots
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Charles Liasides	Hillcrest SAPS	Rioma Cominelli
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Durban Christian Centre	KZN Department of Health	W & H Smith Family Trust
Embocraft Training Centre Trust	KZN Department of Sports & Recreation	Waterfall Methodist Church
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First Presbyterian Church Houston	LifeLine Durban	Wilde Ganzen Foundation
Fli Hi Training Academy	Litres for Education	Woolworths
Fliggy Publishing cc	Malvern Preparatory School	Youth Connected
GA Technologies	Margaret Turnbull	Zulu Aid

OUR GRANT GIVERS

Special thanks to the following sponsor for their generous support in producing this report:



Providing unconditional love and hope to all those impacted by HIV/AIDS...

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Postal Address: PO BOX 2474, Hillcrest, KwaZulu-Natal, 3650, South Africa

Social Media:



Hillcrest AIDS Centre Trust



@Hillcrest_AIDS



hillcrest.aids.centre.trust



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NPO Reg No: 005-800

PBO Reg No: 13 000 1231

Trustees:

Julie Hornby (Chairperson), Dr Stephen Carpenter, Bishop Linda Mandindi, Revd. Peter Butterworth, Revd. Gary Thompson, Michael Mkhize, Sbusisiwe Myeni, Portia Mpofu, Silindile Sibiya, Linda Knox and Candace Davidson (CEO).



HACT is a proud member of the HPCA
(Membership No: KZN/1419)



HACT is an official
charity of the
Comrades Marathon

PHOTOGRAPHER
Benno Neeleman